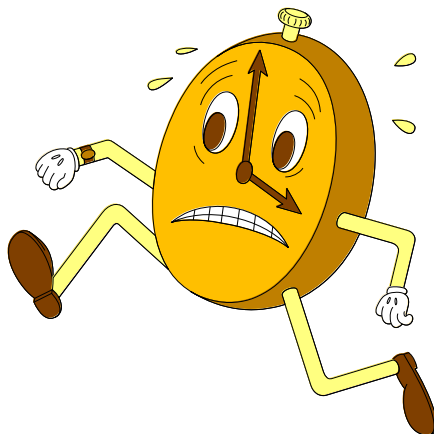


# It All Happened Because Mark Overslept And Missed Breakfast

© 2002 By Debbie Dunn

1

<b>4 Male Actors:</b>	<b>Mark</b>	<b>Ted</b>	<b>Billy</b>	<b>Ben</b>
<b>1 Female Actor:</b>	<b>Mrs. Jenkins</b>			
<b>2 or more Narrators:</b>	<b>Guys or Girls</b>			



**Narrator ①:** Conflict happens when one or more of your Basic Needs gets messed with.

**Narrator ②:** Either you have conflict within yourself and you feel frustrated, angry, or depressed. Or conflict happens with others and you get into an argument or a fight.

**Narrator ①:** But sometimes, conflict can happen from something as simple as being sleepy, sick, or hungry.

**Narrator ②:** Listen to this story about Mark and the chain reaction of actions that happened as a result of what was going wrong with him.

**Narrator ①:** Mark was having a really bad day. First, he overslept that morning. He just barely got dressed in time before the school bus came; therefore, he missed breakfast altogether.

**Narrator ②:** By the time the bus got him to school, he was feeling really hungry. Unfortunately, he only had enough money for lunch. He thought:

## It All Happened Because Mark Overslept And Missed Breakfast

© 2002 By Debbie Dunn

2

**MARK:** Oh, well! I'll have to miss breakfast.

**Narrator ①:** The problem with that was that Mark got crabby when he was hungry.

**Narrator ②:** He snapped at one of his good friends.

**Narrator ①:** He also had trouble concentrating in class.

**Narrator ②:** Mark failed to answer an easy question posed to him by a teacher, because he didn't have the energy to focus on what she was teaching.

**Narrator ①:** Then the teacher snapped at him.

**MRS.  
JENKINS:** Mark! It's obvious to me that you have not been paying attention! Get your act together, young man, or I will give you a demerit slip!

**Narrator ②:** Like I said before, Mark was having a really bad day.

**Narrator ①:** Since Mark did not get his LIFE NEED met of eating breakfast, some of his other Basic Needs started getting messed with.

**Narrator ②:** For example, since he snapped at his friend, his friend is now upset with him. So now Mark's BELONGING need got messed with.

**Narrator ①:** Mark's RESPECT need also got messed with since the teacher snapped at him for not paying attention in class.

**Narrator ②:** As for Mark's friend, he had several of his Basic Needs suddenly messed with. For starters, he now felt a bit UNSAFE and INSECURE since Mark snapped at him for seemingly no reason.

# It All Happened Because Mark Overslept And Missed Breakfast

© 2002 By Debbie Dunn

3

**Narrator ①:** Mark's friend also got his BELONGING and RESPECT needs messed with due to this unpleasant incident.

**Narrator ②:** His friend's name was Ted. Ted was so upset that Mark snapped at him when he didn't do anything to deserve it. As a result, he felt the need to take that anger and frustration out on someone weaker and smaller than him.

**Narrator ①:** In the hallway, he found this sixth-grade kid named Billy. Ted brushed by him, turned, and yelled:

**TED:** Get out of my way, kid! Get out of my way, you little shrimp, or else I'll do something worse than just yell at you!

**Narrator ②:** Of course, sixth grader Billy was really upset that this seventh grader had decided to yell at him for seemingly no reason. So he went and found his big brother, Ben, in the hallway.

**BILLY:** Ben! This seventh grader threatened to get me if I didn't get out of his way. I wasn't even in his way in the first place. I was just walking down the hallway, on my way to class. Plus, he made fun of me for being short!

**Narrator ①:** The sixth grader's big brother, Ben, was in eighth grade and on the football team. He was **big** and **rough** and **tough!**



**BEN:** Who was this guy, Billy?

**BILLY:** I think his name is Ted. He has dark brown hair that's straight. He's tall and skinny and he's wearing a yellow t-shirt and blue jeans.

**It All Happened Because Mark  
Overslept And Missed Breakfast**

© 2002 By Debbie Dunn

4

**BEN:** Don't worry about him, Billy! I can guarantee that he will never pick on you again!

**BILLY:** Thanks, Ben! You're the greatest!

**Narrator ②:** When Ben heard what had happened to his younger brother, Billy, he went searching for Ted to get his revenge.

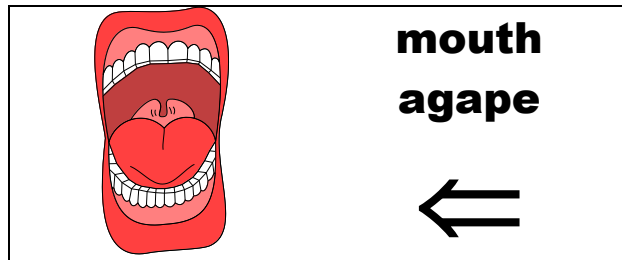
**Narrator ①:** When Ben found Ted, he collared him and threatened him with bodily harm if he ever picked on his kid brother again. Ben yelled:

**BEN:** Hey! What's the big idea picking on my kid brother?

**TED:** Uh! Well, ..., uh, ..., I don't know.

**BEN:** You better know! I'll make you know that you better never even as much as touch my little brother Billy again, or I'll smack down on you big time!

**Narrator ②:** Then Ben stomped triumphantly away. Ted stood there, staring after him, mouth agape.



**Narrator ①:** Ted was quite shaken and walked quickly to his next class. Ted thought:

**TED:** Man! Mark's gonna get it! This is all his fault! With friends like that, who needs enemies?!!

**Narrator ②:** The sixth grader, Billy, wasn't around to see his older brother, Ben, collar Ted as he had to get to class, but he heard about this encounter with quite a bit of pleasure. He thought:

**It All Happened Because Mark  
Overslept And Missed Breakfast**

© 2002 By Debbie Dunn

5

**BILLY:** That will teach that kid a lesson for picking on me for being short!

**Narrator ①:** Ted was trying hard to get his POWER and RESPECT needs met by picking on the younger boy. Unfortunately, all of that backfired when Billy's older brother threatened his revenge.

**Narrator ②:** Now Ted was even more upset. First Mark snapped at him. Then this big 8th grader, Ben, was pushing him around.

**Narrator ①:** Once again, Ted no longer felt SAFE and SECURE as he now had to watch out for Ben. This was turning into a very bad day for him.

**Narrator ②:** Ted stomped into class, only to find out that he was tardy. So he got a Demerit slip from the teacher.

**Narrator ①:** Now it was Ted who couldn't concentrate in class.

**Narrator ②:** When the teacher asked him a question, he couldn't answer properly, as he didn't even really hear what she was asking. She snapped at him and said:

**MRS. JENKINS:** Ted, you better pay better attention in my class, or I'll have to give you another demerit slip!

**Narrator ①:** Ted tried hard to do what she asked; but inside, he was fuming.

**Narrator ②:** As for Mark, he kind of felt a bit sick as he was so hungry. He thought lunchtime would never come.

**MARK:** Man! I'm kind of feeling sick to my stomach as I'm so hungry! I can hardly wait for lunch!

**It All Happened Because Mark  
Overslept And Missed Breakfast**

© 2002 By Debbie Dunn

6

**Narrator ①:** When it finally did come, Mark stuffed his face as fast as he could. He was feeling so much better until Ted came storming into the cafeteria, yelling at him. Ted yelled:

**TED:** It's all your fault, Mark! Because you snapped at me this morning for no good reason, I got picked on by an 8th grader. The 8th grader made me late! Then a teacher gave me a demerit slip for being tardy and nearly gave me another one for not paying attention in class. So what's the big idea, snapping at me this morning like you did?

**Narrator ②:** Mark stared at his friend Ted in amazement. Finally, he said:

**MARK:** Uh, I'm sorry! I missed breakfast because I overslept. You know I always get crabby when I'm hungry! I didn't mean for all that stuff to happen to you, though. I hope you can forgive me, Ted. Please!

**Narrator ①:** Ted stared at Mark hard for several moments. Finally, he said:

**TED:** You mean to say that all that stuff happened to me because you overslept and missed breakfast?

**MARK:** Uh, yeah, ..., I guess. Like I said, I'm really sorry!

**TED:** Well, ..., all right, Mark! I'll forgive you this time, but you better never miss breakfast ever again! Otherwise, our friendship may be over for good!

**Narrator ②:** Mark nodded his head. He thought:

**MARK:** Man! I sure hope this afternoon goes better than this morning. This has been the worst day ever! But at least, ..., I got to eat lunch.